



BUKIT PANJANG PRIMARY SCHOOL
109 Cashew Road, Singapore 679676
Tel: 67691912 Fax: 67637462
<http://www.bukitpanjangpri.moe.edu.sg/>

Future Leaders, Concerned Citizens

From the Principal's Desk...

IN TOUCH 05/2017

Dear Parents/Guardian

Thank you very much for your support for the semester. The June holidays while being a time to rest and recharge also presents the opportunity to spend some quality time with your children.

I would also like to encourage the children to read as much as they can in English as well as their Mother-Tongue.

Primary 3 and 4 Adventure and Leadership Camp 2017

The Primary 3 and 4 Leadership Camp is part of the school's Outdoor Education Programme. The key objective of the programme is to provide a platform for students to learn outside the confines of the classroom.

In the outdoors, students can be exposed to critical skills needed for the challenges of the 21st century, such as resilience in the face of challenges, working together regardless of differences and being adaptable to suit a changing environment. Details are as below:

Level	Details
P3 (Day Camp)	Date: 22 May 2017 (Monday) Time: 7.30 am to 5.00 pm Place: Bt Panjang Primary School
P4 (2D1N Camp)	Date: 24 & 25 May 2017 (Wednesday & Thursday) Time: 7.30 am to 12.30 pm Place: Home Team NS Bt Batok

Primary 5 Project Work 2017

The theme for this year's Primary 5 Project Work is 'It's Our Business!'. The objective of this event is to provide an opportunity for our students to experience entrepreneurship by setting up booths to sell their products. Through this experience, we also hope that in the process, the students learn to take calculated risks and instil the spirit of innovation.

Students will work with their group members to plan and strategise on how to derive profit from their business venture. Students from the other levels and teachers will visit the booths set up by the Primary 5 entrepreneurs. To inculcate compassion in our students and give more meaning to this project, profits from the sales will benefit our needy students.



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The event will be held on 8 August (Tue) and more details will be made known nearer to the date. If you are an entrepreneur too and you wish to spread the spirit of entrepreneurship to our students, do contact the school and leave your contact details and we will get back to you!

Values in Action (VIA) – Litter Picking @ Petir Park

As part of the school's VIA activity, the Primary 5 students have embarked on a litter picking project at Petir Park. The aim of this activity is to inculcate a sense of responsibility and care for shared space. It also promotes good values and instils the habit of cleaning up after ourselves.

Every fortnight, the P5 students, accompanied by their teachers, take turns to pick litter at Petir Park. After the litter picking activity, students were asked to reflect. Most of the students shared that everyone has a part to play in keeping Singapore clean. Not only that, the students also suggested adopting other areas around the school vicinity for them to do a clean-up.

Cyber Wellness Week

The school will be having our Cyber Wellness week from 22 - 25 May. Through the activities, we aim to remind students about good Cyber Wellness habits before the school holidays and to reinforce the importance of being a responsible digital learner.

Please refer to our school website (<https://bukitpanjangpri.moe.edu.sg/bulletin/useful-links>) for some tips on how to help your child manage some of the cyber issues. Let's work together to ensure your child's well-being in cyberspace.

Sharing of the Holidays celebrated in Singapore

To encourage a sense of national and cultural identity towards Singapore, the school has been sharing with the students the significance and importance of the various public holidays that we have been celebrating. Before a scheduled public holiday, the students will listen to a short sharing on the significance of that holiday.

Parent-Teacher Dialogue (PTD) Session 2

Please be reminded that the second PTD will be held on Friday, 26 May 2017 from 8am to 4pm. As mentioned in the notification letter given out earlier, if you would like to book your appointment with the teachers, please log in to Asklearn <https://lms.asklearn.com/BPPS/login.aspx>. The online booking system is available from Sunday, 14 May 2017 to Sunday, 21 May 2017.

The allocated time for each appointment is 5 min. If you require more time with the teachers, you could email them directly to make an appointment for a separate session



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PSG Matters

We would like to thank our PSG members for their wonderful contribution in Semester 1. Together with the PSG support, the school has managed to launch many meaningful programmes.

The following is a quick recap of the list of activities that the PSG has supported the school in Term 2.

- Math Activity Week
- Newspaper Recycling Competition
- CHAMPS programme
- School Cleanliness Movement
- P5 VIA – Litter Picking @ Petir Park
- Data Entry
- Mother Tongue Fortnight Carnival
- Water Week
- Earth Week
- Red Cross Bazaar
- English Buddy Reading for P5
- Cyber Wellness Week
- Clothes Bazaar @ BPPS
- ECG Day

As the saying goes “It takes a village to raise child”. While we acknowledge and celebrate the good work by our PSG, we would also like to garner more support from parents to join our PSG family.

Do keep a lookout for the upcoming school activities in Term 3 which you can participate in as a member of the PSG.

Sharing

Tips on how to bond with our children

Taken from Schoolbag.sg, Ministry of Education.

Quality time with our families is so important. There are so many things we can do together to make every minute count : make time to explore the Science Centre, bring them to the library, a hike in MacRitchie, cycle in the park... the list goes on.

Are there some simple activities and habits we can pick up to boost the positive feelings and enhance the relationships in the family?

The answer is Yes! Read the infographic for 5 simple tips we can use to practise gratitude with our families.



Gratitude

5 things any parent can do



Model it

01

Thank your family, neighbours, or the people working around you - **let your children see your gratitude.** Spread the happiness!



02

Encourage it

Suggest that your children **write a note of gratitude and read it aloud** to someone they appreciate. It'd make your children feel glad too!



Share it

03

Start meal times by sharing something each one feels grateful for. The positive emotions shared builds bonds!



04

Praise it

Spot grateful behaviour and praise them for it. Say, "You thanked your friend for sharing - good job! I'm sure he felt glad and it helped your friendship grow!"



Reminders for it

05

Put notes on the fridge or in the room to remind them to be thankful for their health, siblings, etc. Or text them about a blessing you noted!

Reference:
National Association of School Psychologists. (2009). Fostering an attitude of gratitude: Tips for parents. Communiqué 8(3).



Thank you

Bucktha Seelan
Principal

One of the most important things we adults can do for young children is to model the kind of person we would like them to be
- Carol B. Hillman